

dear you,

yes, you!

if no one texted you "gm"

gm! i'm thinking of you right now :)

if you need a hug

i can't hug you, but i want you to feel better
if you feel insecure

you are stunning, smart, & a freaking
awesome human! you always slay the day!

if you feel tired

go take a nap, or eat, or watch a comfort
movie in your bed. take time for self-care
if you're a human
ily:)

from
me